Dance

Matilda



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tutor Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you have any questions or need any support with this booklet, please email Miss Malins [fmalins@montsaye.northants.sch.uk](mailto:fmalins@montsaye.northants.sch.uk)

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| **Key Word** | **Definition** |
| **Contemporary Dance** | A dance style known for its storytelling ability, emotions and complicated movement sequences. |
| **Choreography** | Dance movements and sequences. |
| **Unison** | Performing actions at exactly the same time as other performers. |
| **Accuracy** | Performing the movement exactly as it was taught and the same as other dancers. |
| **Transition** | A linking movement between different sections of choreography. |
| **Stimulus** | Something that inspires the creation and content of a performance. |
| **Timing** | Moving at the same time as other group members and the beat of the music. |

**Video link to the performance of “The revolt” which features in Matilda:** <https://www.youtube.com/watch?v=MDlQe1a04ZI>

**Matilda research challenge:**

1. What emotions do the performers demonstrate?

2. What gestures are used to represent the key words in the lyrics

3. What is a motif?

4. What is the role of a Choreographer?

A steady or held position achieved by an even distribution of weight.

Balance

Alignment

Ability to maintain physical and mental energy over periods of time.

Stamina

The way the body is held.

Posture

The range of movement at a joint. The ability to move fluently from one movement to the next.

Mobility

An independent movement of part of the body.

Isolation

The range of movement at a joint.

Flexibility

Co-ordination

Extension

Lengthening one or more muscles or limbs.

Effectively using more than one body part.

The ability to start and stop movement, change direction and hold a shape efficiently

Control

**Poster Activity: The show Matilda are looking for a new performer to join the show.** Create a poster advertising the audition. Include the skills required to successfully perform this dance.

Challenge Plus: Include examples from the work.

**Costume Activity:** Draw and annotate the costume from Matilda 

**Extension:** How did the performance shown in the revolt video interact with props to convey their message.

**Choreography Challenge:** You will be planning your own dance motif inspired by Matilda.

Choreography Key Terms:

Skills for Choreography

**Relationship Content**

Lead and Follow

Mirroring

Action and reaction

Accumulation

Complement and contrast

Counterpoint

Contact

Formations

**Action Content:**

Travel/ Turn/ Elevation/ Gesture/ Stillness/   
Use of different body parts/ Floor work/ Transfer of weight/ turn/ hop/ Leap

**Dynamic Content**

Fast/ Slow

Sudden/ Sustained

Acceleration/ deceleration

Strong/ light

Direct/ indirect

Flowing/ abrupt

**Choreographic devices**

Repetition

Unison and Canon

**Spatial content:**

High/ Medium/ Low Levels

Small and big movement

Different Pathways

Facing different directions

**Task:** Complete the timeline on the next page with your own motif (*describe or sketch it). Remember to* annotate your timeline using your choreography key terms.

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|  | **Choreography timeline** |
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|  |  |

What formation have you decided to use to perform motif in? (*Describe or sketch it below*)

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Why have you decided on this formation?

**If you would like to take part in extra-curricular activities within the PE department – please see our timetable of activities below.**

