

# Sport Studies on a Page 2024 / 2025

Sport Studies

CNAT L2 R184 Contemporary Issues in Sport

Subject Leader: Tim Wing

## CURRICULUM INTENT:

Throughout Y10, students will learn and understand 3 different outdoor and adventurous activities in detail through their research of; where to complete the activity, what needs to be worn and equipment required, how to remain safe, the technology involved and the environment the activity is completed in. They will also analyse their performance in a sport and identify strengths and weaknesses. They will complete an action plan with the purpose of improving their weaknesses through practical tasks they will complete. Both pieces of work is complete through coursework and some practical assessment. In addition to this, they will plan, deliver and reflect upon a practical coaching session that will be delivered to students within KS3. They must ensure their coaching session is progressive with the target of improving students competency of a particular skill in a specific sport.

In Y11, students will be assessed in their practical performance of 2 sporting activities. This can be through their performance outside of school or indeed in core PE lessons/representing the school in sporting fixtures. Alongside this, students will learn the content of the 5 teaching areas that make up the exam in the final unit of the course. The majority of this year will be spent in a classroom learning about contemporary issues within sport with plenty of time for formative assessment and revision. The exam is sat in May 2025.

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<b>Year 10</b>	<p>There is a lot of independent practice and research within Y10 when completing their NEA. They are required to complete research to find the answers to the task outlined in the assessment brief. Staff can offer some support within lessons however this is restricted by the exam board. Staff can model how to research, which points students in the right direction to find the answers they need to complete the coursework but then must refer students to the assessment brief. There is also some practical assessment involved whereby students go to Irchester Country Park, to demonstrate key skills within an outdoor adventurous activity, as well delivering a sports coaching lesson to students within KS3. Students use research skills to learn about a sport of their choice to produce a coaching plan. Following this students reflect on the delivery of their coaching session and analyse strengths and areas for development. Towards the end of the year, students take part in further practical tasks and then analyse their strengths and weaknesses in a particular sport. This must then be written as a report with staff being able to offer minimal input.</p>											
	Term 1	R187 Researching outdoor adventurous activities.	Term 2	R187 Researching outdoor adventurous activities and planning the activity.	Term 3	R185 Planning a sports activity session.	Term 4	R185 Analysing strengths and weaknesses in a sport.	Term 5	R185 Analysing strengths and weaknesses in a sport.	Term 6	R187 Research outdoor adventurous activities.
	<p>The reason for delivering the course in this order allows students to initially learn about the outdoor activity they will be completing a practical assessment in before they go and do it. An assessed piece of coursework is their ability to plan their own outdoor activity so giving them the knowledge of this beforehand is logical. Once they have completed their activity and the reflection to accompany this, students move away from this unit and return towards the end of Y10. They move onto planning their own sports activity session which is an aspect students enjoy doing as it is a practically driven unit. They deliver this to students within KS3 as part of their assessment. We then continue with the practical unit by analysing strengths and weaknesses in a chosen sport. Again, this is something that students enjoy as the piece of work is focussed on their own performance. towards the end of Y10, we re-visit the outdoor adventurous activity unit once the new assessment brief has been released by the exam board, which shows the 2 additional activities students must research. By this time, their previous work has been marked so they have a good understanding of what they should be working towards. This was also advised by the exam board in an online training session attended by staff.</p>											

<b>Year 11</b>	<p>The beginning of Y11 allows for students to complete their strengths and weaknesses coursework from the R185 unit. Once that has been completed, students then turn their attention to the final unit which is the exam. Students learn about the 5 teaching areas of the exam throughout the year with plenty of opportunity for revision and exam question practice. Key words and HOOKS are embedded within teaching to support students when they come to practice questions or complete mock exams throughout the year. After each teaching area has been delivered, students will have a revision lesson, followed by a mock exam, followed by a reflective lesson to understand strengths and areas that require further attention for revision. Towards the exam in May, lesson time is spent going over difficult areas of the exam and getting plenty of revision completed so that student feel as prepared as possible.</p>											
	Term 1	R185: Reviewing strengths and Weaknesses in performance	Term 2	R184 Learning contemporary issues in sport TA1/TA2.	Term 3	R184 Learning contemporary issues in sport TA2/TA3.	Term 4	R184 Learning contemporary issues in sport TA2/TA3.	Term 5	R184 Learning contemporary issues in sport TA4/TA5 and revision.	Term 6	Year 11 New Knowledge will be complete by 2/14/2025 Year 11 Coursework deadline is 10/31/2024
	<p>The topics of the exam are taught in a chronological order as outlined by the exam board. This also allows students to track progress of their learning, and understand what they have completed so far and what is to come moving forward.</p>											

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