

Week Commencing 30/09, 11/11, 2/12

Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.20	CAJUN CHICKEN FLATBREAD, BAKED WEDGES AND BEANS	BEEF LASAGNE WITH SIDE SALAD	ROAST PORK WITH SEASONAL VEG & POTATOES	CHICKEN CURRY SERVED WITH PILAU RICE	FISH FINGERS WITH CHIPS AND GARDEN PEAS
PLANT BASED MAIN MEAL / VEGETARIAN £2.20	FALAFEL PITTA WITH SALAD AND GARLIC MAYO (V)	VEGETABLE LASAGNE WITH SIDE SALAD (V)	VEGETARIAN SAUSAGE ROAST DINNER (V)	SPINACH AND LENTIL CURRY WITH PILAU RICE (V)	VEGETARIAN NUGGETS WITH CHIPS AND GARDEN PEAS (V)
STREET FOOD FROM £1.85	CHILLI BEEF TACOS	TEX MEX CHICKEN WITH ASIAN SLAW	SPRING ROLLS WITH SWEET CHILLI SAUCE	BBQ CHICKEN WRAP	FISH FINGER BAP WITH CRISPY LETTUCE AND SAUCE
PASTA BAR FROM £1.00	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	MEATBALL ARRABIATA	TOMATO AND MASCARPONE PASTA (V)
PIZZA SLICE £1.15	PEPPERONI MARGHERITA (V)	SPICY CAJUN CHICKEN MARGHERITA (V)	CHEESE AND HAM MARGHERITA (V)	PEPPERONI AND JALAPENO MARGHERITA (V)	PEPPERONI MARGHERITA (V)
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 80P EACH				

Meal Deal
Main meal
with vegetables
and dessert



£2.40

All of our main meals, sandwiches & desserts are freshly made on site every day