

Week Commencing 7/10, 18/11, 9/12

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.20	BEEF BURGER WITH WEDGES AND BEANS	COTTAGE PIE WITH VEGETABLES AND GRAVY	ROAST CHICKEN WITH VEGETABLES, POTATOES & GRAVY	CHICKEN CURRY AND TURMERIC INFUSED RICE	BREADED FISH CAKES WITH PEAS CHIPS & TARTARE SAUCE
PLANT BASED MAIN MEAL / VEGETARIAN £2.20	QUORN BURGER WITH WEDGES AND BEANS (VE)	VEG COTTAGE PIE WITH VEGETABLES AND GRAVY (V)	QUORN FILLET ROAST DINNER (V)	VEGETABLE STIR FRY WITH EGG NOODLES (V)	VEGETARIAN HOTDOG WITH CHIPS AND BEANS
STREET FOOD FROM £1.85	PIRI PIRI CHICKEN AND POTATO POTS	JERK CHICKEN WITH RICE	GREEK STYLE CHICKEN IN A FLATBREAD WITH SALAD	BEEF BURRITO AND SALSA	CURRIED CHICKEN BURRITOS
PASTA BAR FROM £1.00	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	PENNE ARRABIATA (V)	TOMATO AND MASCARPONE (V)
PIZZA SLICE £1.15	PEPPERONI MARGHERITA (V)	SPICY CAJUN CHICKEN MARGHERITA (V)	CHEESE AND HAM MARGHERITA (V)	PEPPERONI AND JALAPENO MARGHERITA (V)	PEPPERONI MARGHERITA (V)
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 80P EACH				

Meal Deal
Main meal with vegetables and dessert



£2.40

All of our main meals, sandwiches & desserts are freshly made on site every day