

Lunch week 1

Week Commencing 23/9, 14/10, 4/11, 25/11, 16/12

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.20	CHICKEN BURGER BAKED WEDGES & BEANS	CHILLI CON CARNE WITH RICE	ROASTED GAMMON WITH SEASONAL VEG & POTATO	CHICKEN TIKKA WITH RICE	BREADED FISH CAKES, CHIPS WITH PEAS & TARTARE SAUCE
PLANT BASED MAIN MEAL / VEGETARIAN £2.20	VEGETABLE BURGER WITH WEDGES & BEANS (V)	VEGETARIAN QUORN CHILLI SERVED WITH SAVOURY RICE (V)	BROCCOLI PASTA BAKE (V)	VEGETARIAN KEEMA WITH RICE (V)	VEGETARIAN SAUSAGE WITH CHIPS PEAS & GRAVY (V)
STREET FOOD FROM £1.85	CAJUN CHICKEN AND MIXED VEG FLATBREAD	PIRI PIRI CHICKEN WRAP	CHINESE CHICKEN AND ASIAN NOODLES	KOREAN CHICKEN WRAP WITH SALAD	JERK CHICKEN WITH RICE AND PEAS
PASTA BAR FROM £1.00	MAC 'N' CHEESE (V)	PASTA POMODORO (V)	TOMATO AND BASIL PASTA (V)	MEATBALL ARRABIATA	TOMATO AND MASCARPONE PASTA (V)
PIZZA SLICE £1.15	PEPPERONI MARGHERITA (V)	SPICY CAJUN CHICKEN MARGHERITA (V)	CHEESE AND HAM MARGHERITA (V)	PEPPERONI WITH JALAPENO MARGHERITA (V)	PEPPERONI MARGHERITA (V)
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 80P EACH				

Meal Deal

Main meal with vegetables and dessert



£2.40

All of our main meals, sandwiches & desserts are freshly made on site every day