

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE BAKERY

SWEET WAFFLES

PRETZELS

SWEET WAFFLES

CROISSANTS

DOUGHNUTS

PLANT BASED

HASH BROWN BITES

POTATO WAFFLES

SPICY WEDGES

GARLIC BREAD

CHEESE & TOMATO
PINWHEEL

**HOT BREADS &
SLICES**

HOT DOG

SAUSAGE ROLL

PIZZA BAGUETTE

CHEESE AND BACON
TURNOVERS

CHEESE & BACON SKINS

**HOT BREADS &
SLICES**

CHEESE & BEAN WRAPS

BBQ CHICKEN WRAPS

PEPPERONI & CHEESE
WRAPS

CHEESE & TOMATO
PIZZA POCKET

BREAKFAST WRAP

ON THE SIDE

GRAB AND GO
SELECTION

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SELECTION

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SELECTION

SALADS

SELECTION OF FRUIT
& DESSERT POTS

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& DESSERT POTS



**Fresh
Fruit**



**Fresh
Smoothie**