

Friday 10th May 2024

GCSE and GCE Examination Period

Attendance Statistics

Whole school attendance target: 95%

Whole school attendance this year to-date: 86.67%

Whole school attendance last week: 85.63%

Year group with highest attendance last week: Congratulations to Year 9 with 87.16%

Students with 100% attendance, zero late marks and zero behaviour points will receive a Golden Ticket each week

Library Information

New in stock at the Library from today....

We have taken delivery of a new selection of both graphic (comic) novels and fiction titles suitable for teens and young adults, including those reluctant readers. These can all be found on the 'new releases' display in the library, please encourage your child to come and take a look.



Students are encouraged to read books both within their reading level and above. Reading levels are determined by an Accelerated Reader Star Test. All students are given their results at the time of testing but if they have forgotten or lost this information then they can come and ask in the library during their lesson.

Young Adult Section

These books can be identified by a green young adult sticker. If KS3 students would like to borrow books in the young adult section, we will contact home for permission before allowing them to borrow the book. This is because we realise that some students are able to understand and can process the topics that can be found in the older books, but we are also aware that parents/carers know their children best and need to be informed and agree to them reading about certain topics.

Year 10 Parents' Evening — Thursday 23rd May 2024

The Year 10 Parents' Evening will take place on Thursday 23rd May from 4.00pm to 7.00pm. Due to live exams taking place and the main hall being in use, appointments will be held in the English area, Learning Resource Centre and the old Gym. Appointment bookings will go live at 10.00am on Thursday 16th May and close at 12noon on Thursday 23rd May.

Please follow this link: [Year 10 Parents' Evening Letter](#) which will take you through to a letter on our website where you will find full details.

Forthcoming Dates for your Diary

- Monday 20th May:** Year 10 and Year 12 Orienteering (for those students still to carry out the exercise).
- Wednesday 22nd May:** Year 12 Trip to Nottingham Trent University.
- Thursday 23rd May:** Year 10 Parents' Evening. Further details to follow.
- Friday 24th May:** School closes at 3.00pm for the half term holiday.
- Monday 3rd June:** School re-opens at 8.30am following the half term holiday.
- Thursday 6th June:** Year 12 UCAS Exhibition at Lincoln University.
- Friday 7th June:** Year 12 Mock Results Day.

Extra-Curricular PE Clubs

Extra Curricular PE Afterschool clubs 3.00pm to 4.00pm				
Monday	Tuesday	Wednesday	Thursday	Friday
Sixth form Fitness Suite Sports Centre Staff	Year 7 and Year 8 Fitness Suite Mr Wing	All Years Girls Sports Club (Fitness Suite) Miss Lauder	All Years Athletics Club Mr Levett Miss Collins	All Years Montsaye Dance Company! Miss Lauder
All Years Dodgeball Club Mr Garner	Year 9 and Year 10 Athletics Mr Levett and Mr Jordan	All Years Rugby Club Mr Jordan	All Years Netball Mrs Hodges and Miss Collins	Year 7 and Year 8 Free Swim Session Pool time: 3.00pm to 3.35pm
	All Years Badminton Miss Lauder	Learn to Swim Lessons Please speak to Mr Wing to sign up 2.50pm to 3.40pm Sports Centre Staff	Sixth Form Fitness Suite Sports Centre Staff	Sixth Form Fitness Suite Sports Centre Staff
	Sixth Form Fitness Suite	Sixth Form Fitness Suite		

Montsaye Community Sports Centre - May Class Timetable

Day	Time	Class	Location	Price	Class Description
Monday	17:40 - 18:10	Functional Strength	Dance Studio	£4.40	Ab Blaster - 30-minute burst to improve your core strength and work those abs
	18:15 - 18:45	Ab Blaster	Dance Studio	£4.40	Aqua Aerobics - A great all-over workout in the water. The water supports the body, easing the stress on the joints and muscles. Lots of fun for all!
	18:45 - 19:30	KETTLECISE *	Dance Studio	£5.80	Functional strength - A 30-minute fitness class that focuses on interval training for the whole body. This class can be adapted to suit all fitness levels.
	19:35 - 20:05	Aqua Aerobics	Swimming Pool	£4.40	Clubbercise* - is a fun full body workout with a banging soundtrack that gets great results. The routines combine dance, boxing and combat moves with options to suit all fitness levels. Classes are held in a darkened room with disco lights and our trademark LED glow sticks
Tuesday	17:45 - 18:30	Pump It!	Dance Studio	£5.80	Core & stretch - A class to improve core, glutes and hip strength with big movement core exercises, followed by a focus on mobility, to release tension and improve your range of motion.
	18:35 - 19:05	Express Spin	Dance Studio	£4.40	Express Spin Cycle - A great way to keep fit, burn fat and improve your cardiovascular fitness. Suitable for all levels as you control the resistance
	19:15 - 20:00	Core Stretch	Dance Studio	£5.80	KETTLECISE* - "one piece of equipment, one goal". This program delivers a burn, toned body -fat burning just got real simple.
	19:15 - 20:00	Aqua Aerobics	Swimming Pool	£5.80	MetLife® - the original group fitness workout. 30 minute, non-choreographed, bodyweight-only workouts that set the metabolism on fire. MetLife® works
Wednesday	17:15 - 18:00	Zumba*	Dance Studio	£5.80	Pilates - is a system of physical and mental conditioning that can enhance your physical strength, flexibility, and co-ordination as well as reduce stress, improve mental focus, and foster an improved sense of well-being.
	18:00 - 19:00	Pilates	Dance Studio	£5.80	Express Spin Cycle - A great way to keep fit, burn fat and improve your cardiovascular fitness. Suitable for all levels as you control the resistance
	19:00 - 20:00	KETTLECISE *	Dance Studio	£5.80	KETTLECISE* - "one piece of equipment, one goal". This program delivers a burn, toned body -fat burning just got real simple.
	17:15 - 18:00	Body Conditioning	Dance Studio	£5.80	MetLife® - the original group fitness workout. 30 minute, non-choreographed, bodyweight-only workouts that set the metabolism on fire. MetLife® works
Thursday	18:05 - 18:35	Express Spin	Dance Studio	£4.40	Pilates - is a system of physical and mental conditioning that can enhance your physical strength, flexibility, and co-ordination as well as reduce stress, improve mental focus, and foster an improved sense of well-being.
	18:40 - 19:25	Clubbercise *	Dance Studio	£5.80	Zumba* - Fitness is Latin-inspired cardio-dance workout that uses music and choreographed steps to form a fitness party atmosphere.
Friday	18:00 - 18:45	Zumba*	Dance Studio	£5.80	Body Conditioning - A combination of cardio and resistance work to create a full body workout.
Saturday	09:15 - 10:00	Core & stretch	Dance Studio	£5.80	
	10:00 - 10:30	MetLife*	Dance Studio	£4.40	

Times and activities are subject to change, please contact reception on 05336 713708 for further information on the classes provided. Classes will run subject to availability. Members are able to pre-book a week in advance by phone, at reception or via the Fitness app. Casual users must provide payment prior to attendance. Please cancel your booking if you are no longer able to attend the class. * Terms and conditions apply.

* Users must be 16 years or older to participate in fitness classes. Please ensure that any medical conditions/injuries are disclosed to the instructor prior to the class.

Fitness Class Timetable May 2024

Safeguarding

Safeguarding our students is always our priority. If you have any safeguarding concerns, regarding any of our children, please contact us in confidence via safeguarding@montsaye.pfschools.org.uk. The safeguarding team currently consists of Mr Haig (Assistant Principal and Designated Safeguarding Lead), Mr Rogers (Vice Principal and Deputy Designated Safeguarding Lead), Mrs Long and Mrs Wood (Deputy Safeguard Leads) and Mrs Walters-Morgan, Miss Douglas and Miss Beaton (Student Welfare Officers).

Social Media

Make sure that you like and follow us on Facebook, X (formerly Twitter) and Instagram:

Facebook page: Montsaye Academy

X (formerly Twitter) feeds: @Montsaye, @montsayepe and @MontsayeSF

Instagram: montsayeacademyofficial, montsaye_art_design_department and montsayepe

